DOM SUM SHAGPA

A brief Prayer of Confession for failings of vows in the Three Ordinations of the Hinayana (*Sila*); the Bodhisattva Vow (Mahayana); and the vows of the Vajrayana meditation path.

Prayer written by the Fifteenth Gyalwa Karmapa Khachab Dorje, visualising the Vajra Sattva (Dorsem) and the Lama as indivisible.

Oh my Lama the Vajra Sattva, always good, refuge and protector Of all the Jinas, both in peaceful and wrathful form - listen to me.

For my ignorance and deluded mind, for all I have forgotten and been lazy about For all the mixing with bad friends I am penitent.

On the holy path of the Vajrayana, all the vows of Vinaya (morality) Of the Buddhas and Bodhisattvas, and of the Secret Teachings The root and branch rules of loyalty to the lama In which we have failed, or which we have dimmed in some way: From my very heart feeling remorseful, with folded hands I am penitent.

I future I shall not repeat them: this I promise. Make all immaculate and clean.

Recite the 100-syllable mantra (Yig Gya) imagining the beautiful white celestial Buddha of the Dorsem. This may be accompanied with 100 prostrations:

OM VAJRA SATTVA SAMAYA/MANU PAH LAYA/ VAJRA SATTVA TWAY NO PA TEE TO MAY BHAWA/ SARVA SIDDHI MEM PARY ATSA/ SARVA KARMA SU TSA MAY / SHEE TAM SHREE YA KUKU HUNG/ HA HA HA HO BHAGAWAN / SARVA TATHAGATA/ VAJRA MA MAY MUNYTSA VAJRA BHAWA / MAYA SAMAYA SATTVA/ AH

<u>Note</u>: The Vajra Sattva is identical with the lama. He is imagined as sitting on a lotus above our head, streaming the *amrit* nectar which enters into the central vein through the orifice on the top of the head. This falls from the HUNG letter and the mantra around it and spinning, which is centred in the moon and lotus in His heart. The nectar is imagined as emerging from his big toe. Then the glorious being dissolves in light and is absorbed in us.

The Vajra being in the form of light is absorbed in me, and thereafter is one and indivisible with me. My mind is void and radiant, resting nowhere.

Away from the duality of the confessor and the thing confessed In the great spontaneous love arising remain. Meditate on this as long as you can; sleep in the lion pose or sit. To be done for a whole day not thinking of worldly Dharmas or activities.

Then:

I myself appear in the form of the divine protector (*yidam*) Real and yet void is this radiant body of light Within a sphere of sky blue light in my heart My venerated lama, the holder of the vajra, is sitting (or, my venerated lama Dorje Chang is sitting) In the mood of great joy, in the bliss void, blazing with light.

Before him in uttermost devotion I bow. my mind is a reflection of the lama's mind Do not remain in darkness and ignorance Remain undistracted in the light void which is your own essence.

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